

# ad sciurus

## THE SQUIRREL

Issue 37 Thursday 6th July 2023



Transition this week has been so lovely. The children have enjoyed meeting their new teams and the teams have enjoyed meeting their new children. There have been smiles all around. I have thoroughly enjoyed popping in to say hello to the new Reception children who are just gorgeous and also seeing all my lovely children right across the school absorbed in the activities and learning. I felt very proud and very lucky. I do hope the children came home and shared their transition experiences with you all. I also have to congratulate our Year 7 children who visited their new secondary schools. I emailed the secondary schools to see how our children got on and the replies were 'it was an absolutely fantastic day and your children were a credit to you. We were also so pleased that so many families came to the information evenings'. Year 7 you are going to love it!

Mrs Sutton emailed me to say that she had a lovely day in school last Friday meeting some of the team and sharing her plans for our lovely school next year. She is looking forward to meeting families this evening at 6pm. This will take place in the Hall. I will be there to say hello and welcome Mrs Sutton and then Daisy and I will make our way home. There is some lovely news that Daisy is still going to be part of Lanesend next year. She will come and visit once a week to see the children who are of course, very important to Daisy and of course to Team Lanesend, Daisy is as important to them.

I am so sorry I had to postpone the Year 6 France Meeting this week, but I was just awaiting some final timings and I wanted to see how things settled in France. I have spoken to the travel company and they are advising that travel to France is to continue and we are not visiting any of the areas that have been troubled. It has also settled this week and I am hoping this continues over the next couple of weeks before we go. Talking of France, the sign up form for next year for our current Year 5s has been sent out. Please do sign up and we can start to plan next year. **The meeting for Year 6 is now Monday 10th July at 5pm in school.** I will see you then.

Tomorrow in school we have Chartwells coming in to hold a **World Food Workshops with Years 3, 4 5 and 6.** I am sure the children will love experiencing and learning about foods from around the world.

Reception children have the School Nurses coming in to talk about Dental Hygiene. We have a lovely Father come in to talk about water safety to Year 3 and we have John Matthews giving a history talk to Year 4. Plus it is R.E. day in between! It is a popular Friday!

On Saturday, the lovely Year 2 team are taking the children to the Mardi Gras in Ryde. The team will be waiting to welcome the children at 2.15pm at Simeon Park in Ryde and

collection will be from the same place at around 4.30pm. Mardi Gras is always such a lovely day, but it is always quite warm too, so please, please put on plenty of sun cream, take plenty of water and enjoy the songs and dance of the Mardi Gras. I am really sorry but I am not able to be a part of it this year as I have a prior engagement with my Mum to go and see André Rieu, who she loves very much! I do hope it all goes well and I will look forward to seeing lots of pictures and hearing all about it.

**Next week in school, Year 3 families are invited in for lunch. Andrew Moffatt is popping into school again to talk to some of our children and families about 'No Outsiders'.** We have a new Reception intake meeting at 6pm on Tuesday 11th July with Mrs Sutton and the team but not myself I am afraid. We have Greg Bottrill visiting school on Wednesday. He has written a book called 'can I go and play now?' and he is an expert on early years. He is going to be working with the team to encourage learning through play right through the school and how we can create opportunities to develop this. It is a little like our Cardboard Challenge Days or Genius hours that we have done previously. He is back on Thursday to run a conference for other Island schools. It is always lovely to welcome our friends from across the Island.

**Also next week, Year 4 have planned a trip to Osborne House. Information on this will be with you shortly. Joyce from Cowes Library will be in on Friday also to launch the Summer Reading Challenge. This leads us into our last full week, but even though it is our last full week we are still doing great things, including an art exhibition to celebrate our curriculum focus, 'The Power of Creativity'!**

**Laura has also sent out the times for our Sports Days and events on Monday 24th and Tuesday 25th July.** Please do check your inbox!

**I am going to sound a little bit like a broken record but please can you help me by parking considerably.** I receive many emails from frustrated neighbours regarding the parking and I do not have a magic wand for this; only to ask yet again for your support in parking away from Newport Road and this end of Love Lane.

**A beach trip form will be with you today to complete.** We are looking to borrow some small pop up tents. If you have any that you are willing to lend us I would be very grateful.

Have a lovely weekend. Not long now.

*Caroline Sice, Headteacher*



# FOR YOU

Issue 37 Thursday 6th July 2023

Attendance Last Week:

97.3%

**We love donations of glass jars to be brought in by Wednesday please.**  
**Thank you in advance.**

**Jump Back Up July 2023**

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Take a small step to help overcome a problem or worry	2. Adopt a growth mindset. Change "I can't" into "I can't...yet"	3. Be willing to ask for help when you need it	4. Find something to look forward to today	5. Get the basics right: eat well, exercise and go to bed on time	6. Pause, breathe and feel your feet firmly on the ground	7. Shift your mood by doing something you really enjoy
8. Avoid saying "must" or "should" to yourself today	9. Put a problem in perspective by seeing the bigger picture	10. Reach out to someone you trust and share your feelings with them	11. Look for something positive in a difficult situation	12. Write your worries down and save them for a specific 'worry time'	13. Challenge negative thoughts. Find an alternative interpretation	14. Get outside and move to help clear your head
15. Set yourself an achievable goal and take the first step	16. Find fun ways to distract yourself from unhelpful thoughts	17. Use one of your strengths to overcome a challenge today	18. Let go of the small stuff and focus on the things that matter	19. If you can't change it, change the way you think about it	20. When things go wrong, pause and be kind to yourself	21. Identify what helped you get through a tough time in your life
22. Find 3 things you feel hopeful about and write them down	23. Remember that all feelings and situations pass in time	24. Choose to see something good about what has gone wrong	25. Notice when you are feeling judgmental and be kind instead	26. Catch yourself over-reacting and take a deep breath	27. Write down 3 things you're grateful for (even if today was hard)	28. Think about what you can learn from a recent problem
29. Be a realistic optimist. Focus on what could go right	30. Reach out to a friend, family member or colleague for support	31. Remember we all struggle at times - it's part of being human				

**ACTION FOR HAPPINESS** **Happier · Kinder · Together**

## SPORTS DAYS

EYFS/KS1 - Monday 24<sup>th</sup> July

9am – Year 2

10.30 am – Year 1

1.30 pm - Year R

KS2 - Tuesday 25<sup>th</sup> July

8.45am – Year 4

10am – Year 5

11.15 - Year 3

12.45pm – Year 6



Barnardo's IOW Family Hubs are open over the summer holidays at Sandown family centre, The Fairway, PO36 9EQ, 01983 408718, Ryde family centre, George street, PO33 2JF 01983 617617 and East Newport family centre, Furrongs, PO30 2AX 01983 529208 for families to drop in if they need support or to make enquiries. Families can also use our website and to send us a contact us form.

Welcome To Isle Of Wight Family Centres : Isle Of Wight Family Centres or scan the QR code



# Lanesend Conversation Starters...

Use these prompts with your children at home to start a conversation about their week in school...

*Year 1— Talk to me about- transition. Ask about my new teacher.*

*Words to use- transition, change, Year 2.*

*Hints for the week- help me look for orange artwork for our project next week.*

*That's the best I can do this week!*

*Year 2— Talk to be about... transition and Year 3.*

*Words to use ...change, new, exciting.*



*Tips for the week...Remember to read little and often.*

*We have been reading... The far away tree, The worst witch and traditional tales.*

*Year 3— TALK TO ME ABOUT... Year 4*

*WORDS TO USE...new, changes, transition, expectations*

*TIPS FOR THE WEEK...Help me look for different types of forces for our Science learning next week.*

*Year 4—Talk to me about: my transition to Year 5, what activities have I been doing and how did I find it?*

*Tip of the week: in formal writing, we never use contractions so instead of don't we write do not.*

*We have been reading our class fairy tales.*

*Year 5— Talk to me about... how my transition days went.*

*Words to use... love of learning, role-models.*

*Tips for the week... Understand that 3% of 11-15 year olds in the UK smoke. Why is it some people think it is more than this? (We will be discussing smoking in PSHE this week).*

*We have been reading... 'Who Let The Gods Out' by Maz Evans.*

*Year 6— Year 6 have had a fantastic week!*

*Ask me about going to secondary school.*





I do hope the hot weather returns, it makes everyone feel so much better. If it does these handy tips will help you to be ready for it.



## Hot Weather Ready

Whilst staying green



### Houseplants

By filling your house with houseplants you can naturally reduce the temperature indoors.

### Water Bottle

Carry your water bottle with you and use the refill app to find refill locations.



### Close your curtains

Close your curtains or blinds to help stop hot rays shine through your windows



### Swap to LED

Halogen and incandescent lamps give off heat. Swap to more energy efficient LED's



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about

# RUMBLE

AGE RESTRICTION  
**12+**

on the App Store;  
"Teen" on Google Play

### WHAT ARE THE RISKS?

#### POLITICAL AFFILIATIONS

The company which developed Rumble is also responsible for hosting Truth Social, the often contentious news and social network founded by Donald Trump. Indeed, Rumble's content often reflects the ideas of one group of US voters, who have embraced it as an alternative to more mainstream social media. Many parents may feel that such an overtly political platform isn't suitable for young people.

#### PROVOCATIVE CONTENT

Rumble prides itself on championing free speech, with its CEO declaring the platform "immune to cancel culture". Many of Rumble's highest-profile content creators – such as Andrew Tate and Russell Brand – are well known for sharing opinions which are often described as extreme. While adults might be equipped to treat this content objectively, much of it may not be appropriate for a young audience.

#### INAPPROPRIATE MATERIAL

In very simple terms, Rumble works a little like YouTube but with far fewer censors and restrictions being applied to its content. If age-inappropriate material or potentially harmful misinformation is trending on the platform and being shared among more mature users, there's a distinct possibility that Rumble's algorithm may also recommend that content to a child.

A video-sharing platform designed as an alternative to YouTube, Rumble is the epitome of a 'slow burner' in digital circles: it was initially launched in 2013, but it's only in the last two or three years that it's begun to gain serious traction. Much of Rumble's recent growth has stemmed from its association with Truth Social, the platform founded by former US President Donald Trump. Rumble's content frequently reflects some intense political viewpoints; this can often affect the way it approaches topics and has occasionally caused the platform to venture into controversial territory.

#### CONTROVERSIAL FIGURES

Many of Rumble's best-known accounts are owned by individuals who have previously been banned from other social media platforms. There could, of course, be a variety of reasons behind this – but it almost certainly increases the chances of your child coming across content on Rumble which probably wouldn't be deemed acceptable on other similar platforms.

#### SENSITIVE TOPICS

In recent months, some prominent Rumble influencers have expressed uncompromising views on sensitive subjects such as gun control, abortion, LGBTQ issues and more. With many Rumble accounts tending to display a noticeable political bias, the concern would be that young people using the platform may not always be presented with an impartial perspective on these important and complex topics.

## Advice for Parents & Carers

#### TALK ABOUT POLITICS

Rumble does have a team of moderators, but the nature of the platform means that some permitted content is likely to be controversial and highly subjective. That possibility might make many parents uncomfortable – but if your child does view (or hear about) something provocative on Rumble, it can still provide a useful opportunity to discuss politics at home in a safe, relaxed environment.

#### CHECK UP REGULARLY

Like any video-sharing platform, there's a chance that Rumble might suggest inappropriate content for your child. There may be an algorithm issue – or it could be that the recommendations are based on videos they've previously viewed. If your child uses Rumble, you might consider a chat with them about which accounts they follow and what type of content is suitable for their age.

#### RESEARCH ALTERNATIVES

No video-sharing platform is totally free from potentially harmful content, of course – but the number of prominent account holders on Rumble whose output has previously been banned from similar services is certainly a cause for concern. If your child is becoming interested in influencer culture or politics specifically, you could perhaps research more family-friendly platforms together.

#### DISCUSS IMPARTIALITY

Many prominent Rumble accounts wear their political leanings firmly on their sleeves. As a result, it can be tricky for impressionable young people to appreciate both sides of any given debate. If your child is old enough to use Rumble, you may feel that a discussion of some things they've seen might be prudent – if so, be prepared for some complex (and possibly lengthy) conversations!

### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



**NOS** National Online Safety®  
#WakeUpWednesday

Source: <https://www.pewresearch.org/journalism/2022/10/06/prominent-accounts-on-alternative-social-media-sites-mostly-are-individuals-not-organizations/>

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[@national\\_online\\_safety](https://tiktok.com/@national_online_safety)

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The better days cafe  
Inclusion hub

The Better Days Café  
and Inclusion Hub  
Campaign: Free Breakfast Club  
and Packed Lunches  
Period: Summer 2023  
Issued: June 2023

## OUTREACH PROGRAMME: SUMMER 2023 CAMPAIGN BRIEFING FREE BREAKFAST CLUB AND PACKED LUNCHES

### WHAT:

- ♥ Our Ventnor community is uniting to combat child poverty on the Isle of Wight, with our brilliant The Better Days Cafe and Inclusion Hub team, and Founder Kirsty Chapman, the driving force behind a brand new initiative.
- ♥ Through a fundraising-led free meals programme, during school holidays, we will be offering a Free Breakfast Club, with a selection of free cereals, toast and juice.
- ♥ And it doesn't end there. We will also be offering a packed lunch for any child. Any age. With no referral or restrictions.

### WHO:

- ♥ Free Breakfasts and Packed Lunches are open to all children and teenagers of Primary and Secondary school ages.
- ♥ Children below 11 years of age - should be accompanied by a responsible adult.
- ♥ Medical Needs? Food allergy, or intolerance? Please let us know upon arrival.

### WHY:

- ♥ According to the End Child Poverty Coalition, more than a third of children on the Isle of Wight (34.2 per cent) are living in poverty, many with both parents working, but not able to make ends meet.

### HOW:

- ♥ As a wholly community driven initiative, it has only been possible through our wonderful community coming together and donating to our recently set up GoFundMe page - with almost £1,000 raised so far.
- ♥ If you'd like to contribute, you can add your donation on our GoFundMe page.  
<https://lnkd.in/dcWpiwgi>
- ♥ If you'd like help us, promote our campaign using our printable poster on page two of this pack!

### WHEN:

- ♥ For the entire 2023 School Summer Holidays, starting from 24 July 2023.
- ♥ Free Breakfasts, from 10am to 11.30am, every day.
- ♥ For Free Packed Lunches, upon request, every day.

### WHERE:

- ♥ Better Days Cafe at 64 High Street, Ventnor PO38 1IT, open Monday to Saturday 10am-5pm.

No child should ever go hungry. Here's to a happy and healthy Summer for all ♥

*Kirsty Chapman*

For more information: Email: [kirstychapman1975@gmail.com](mailto:kirstychapman1975@gmail.com) Telephone: 07474 084240

#communitymatters #togetherwecanmakeadifference #eradicatepoverty #volunteersmakeadifference



Author Peter J Murray

Will be at the

COUNTY SHOW

At 11am on:

SATURDAY 8th JULY, 2023

COWES COUNTY SHOWGROUND




Come and be entertained by Pete as he reads his brand new story, written just for the island, entitled, 'The Taming of Sidney Littlewood' (Session time around 45 minutes)

Ideal for children and grown-ups, who like to sit, listen and join in the fun. (There may even be a 'Peter J Murray pop-dance routine' at the end!!!)

See you there...don't be late...something to remember forever!! (Hopefully for the right reasons!!)



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SCHOOL EDITION

8 & 9 JULY 2023 • SHANKLIN THEATRE

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PARENTS VOICE IW

# Summer Holiday

## STAY AND PLAY

For children with SEND and their families

July 26th, August 2nd, 9th, 16th, 23rd, 30th

The Pavillion, Victoria  
Recreation Ground,  
Newport, PO30 5AH



Lots of play equipment

Bring a picnic!

Refreshments

Large field

Toilets



Adults are responsible for  
their children at all times

Facebook: Parents Voice IW  
Email: [contactus@parentsvoice-iw.org.uk](mailto:contactus@parentsvoice-iw.org.uk)

## QUAY ARTS OUTDOOR THEATRE

William Shakespeare's

# ROMEO AND JULIET

ROMEO & JULIET  
@ IW STEAM RAILWAY, HAVENSTREET

WEDNESDAY 26 JULY  
7PM | £18 adv | £20 on the door

The Lord Chamberlain's Men invite you to join them this summer for the timeless and classic love story, Romeo and Juliet. With a history stretching back to William Shakespeare himself they present this great play as he first saw it, in the open air, with an all male cast and Elizabethan costumes, music and dance.

Packed with memorable poetry, devastating twists and turns, and burning passion this is without doubt the greatest love story ever told. A play about the power of true love, the extraordinary sacrifices we make for it and the futility and devastating consequences of entrenched conflict.

Bring a chair and a picnic and prepare to be entertained and transported. Book early to avoid missing out!



BOOK NOW AT [QUAYARTS.ORG](http://QUAYARTS.ORG)



2023

Trinity Theatre,  
Cowes Present

*noda*  
Be inspired by amateur theatre

# Sleeping Beauty

Information Evening  
Friday 7<sup>th</sup> July

Principle / Adult Chorus Auditions  
Tuesday 11<sup>th</sup> July

Children's Chorus / Dance Troupe  
Auditions  
Friday 14<sup>th</sup> July

Show Dates  
Fri 1<sup>st</sup> Sat 2<sup>nd</sup> Sun 3<sup>rd</sup>  
Fri 8<sup>th</sup> Sat 9<sup>th</sup> & Sun 10<sup>th</sup> December

For more info contact  
[MulhernEvents@gmail.com](mailto:MulhernEvents@gmail.com)



New Carnival proudly presents

# MARDI GRAS

Year of the Coast

## Sat 8 July

Scan for programme

Mini Mardi Gras. Children and family activities 11-2pm St Thomas Church Gardens, Ryde.  
'The Quiet Zone' watch from The Esplanade, by Eastern Gardens.

Parade starts from Simeon Recreation Ground to The Strand, Dover Street, Melville Street, Cross Street, Union Street and the Esplanade.

**From 3pm Ryde**

[newcarnival.co.uk](http://newcarnival.co.uk)

newcarnival

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ARTS COUNCIL ENGLAND

RYDE

Heritage Fund

WIGHTLINK

Isle of Wight Council

# MARDI GRAS

Year of the Coast

## MINI MARDI GRAS

**FREE ACTIVITIES AND ENTERTAINMENT FOR YOUNGER CHILDREN**  
at Thomas's Rest Garden - Ryde

**Saturday 8th July 11am-2pm**



*Craft Activity with Emma 11-2*

Make a simple willow fish waver with Emma, then carry it in the IOW Mardi Gras parade!



*Circus Skills with StirGuyKai and Community Circus Club IOW. 11-12.30*

Have a go at some fantastic circus skills including flower sticks, poi, plate spinning and diabolo.



*Face Painting with Soulface 11-2*

Get your face painted ready for this Mardi Gras Parade



*Storytelling with Sue Bailey 1-2*

Listen to some fabulous coastal inspired stories with the amazing Sue!

Watch the parade from the top of Union Street from 3.15 (approx.) then join in for the last bit!

newcarnival

## Girls rugby

### Non-contact rugby sessions

✓ Team work  
✓ Respect  
✓ Enjoyment  
✓ Discipline  
✓ Sportmanship

## AGES 7-11

Girls only training is every other Sunday between September and April

Contact rugby sessions also available

**Registration day 3rd September 2023, 11am @ IWRFC, Wootton, PO33 4NQ**

**Register your interest:**  
[vectisrfccoaching@gmail.com](mailto:vectisrfccoaching@gmail.com)

**Join the pack**  
[www.vectisrugby.co.uk](http://www.vectisrugby.co.uk)

VECTIS RUGBY CLUB

## Gymnastics & Trampoline Fun Days! Summer Holiday Clubs!

**Tuesday 1st August 2023**  
**Wednesday 2nd August 2023**  
**Tuesday 8th August 2023**  
**Wednesday 9th August 2023**  
**Tuesday 15th August 2023**  
**Wednesday 16th August 2023**

**10:00 - 15:00 each day**

Sea Cadets Cowes,  
Whitegates, Arctic Road, Cowes, PO31 7PG

**£27 per Child for the Whole Day**  
**(£25 for Little Rocket Gymnasts)**

Please Bring a Packed Lunch and Drinks and Wear Suitable Clothing (Leotard / Shorts & T-shirt and Socks)  
**A tuck shop for sweets and drinks will also be available**

**HOW TO BOOK**  
Please go to <https://little-rockets.class4kids.co.uk> to book your place on line.

If there are any queries please contact Christy on 07518 335319  
Thank you ☺